

# AsthmaCare UK

59 Albany Road, Stratford-upon-Avon, CV37 6PG +44 (0)1789 298290

www.asthmacareuk.aol.com

## Course Enrolment 2011/12

Today's Date: .....

### Please enrol me on an AsthmaCare UK Workshop at

Venue.....

on (date) .....

OR

### Please enrol me on a one2one Skype course

starting (as agreed with the BBC) .....

#### COURSE PARTICIPANT(S) First Name, Surname:

.....  
.....

My address.....

Town ..... Postcode .....

Tel: Home ..... Work .....

My Email address.....

My Skype address.....

### CURRENT MEDICATION

Inhalers/Turbohalers	Dosage
Ventolin / Salbutamol	
Bricanyl	
Budesonide	
Becotide	
Becloforte	
Pulmicort	
Flixotide	
Clenil	
QVar	
Serevent	
Atrovent	
Duovent / Combivent	
Seretide	
Symbicort	
Spiriva	

Buteyko – to be less breathless....

**BREATHE LESS**

.....Get SIDE-BENEFITS rather than side-effects

Oral/Tablets	Dosage
Prednisolone	
Cortisone	
Accolate	
Singulair	

*Please Complete*

Do you use a Nebulizer regularly at home? If yes, how often?

Do you have a spacer to take any medication? If yes, what type?

Other (Please specify)

Please list medication currently taken for OTHER conditions

What is your most severe health problem?

I understand that this AsthmaCare UK course is a series of lectures and practical training in breathing reconditioning and does not constitute medical treatment.

I agree not to attempt to teach the Buteyko method to other individuals until I have undertaken professional training in the Method. As an asthmatic, I am aware that my reliever medication should be kept handy at all times.

I the undersigned, and agree only to modify my prescribed medication after direct consultation with a medical doctor.

I agree to pay the fee which applies to me, as stated below, (by PayPal, Cheque or Cash) before the first **telephone** session of my Workshop.

Signature.....  
(If the Course Participant is under 18 years of age this form must be signed by a parent or guardian – please per pro)

#### Your Investment in your health:

*Please tick*

#### CONSULTATIONS

1.5 hour (Skype or face-to-face) £ 75

#### WORKSHOPS

*Please tick*

Adult / Child £290

One-to-one (Skype) £490

(Consists of 4 1.5 hour individual Sessions, and includes 6 months Free follow-up)

#### METHOD OF PAYMENT (Please tick)

Cash  PayPal  Cheque  
(If paying by cheque, please make payable to Linda Meads)

